



Statistics Report 01301, Ice cream sundae cone

Report Date: July 16, 2017 19:13 EDT

Nutrient values and weights are for edible portion

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Calcium, Ca	mg	60	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	06/2015
Iron, Fe	mg	0.36	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	06/2015
Magnesium, Mg	mg	20	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
Phosphorus, P	mg	128	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
Potassium, K	mg	204	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
Sodium, Na	mg	115	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	06/2015
Zinc, Zn	mg	0.56	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
Copper, Cu	mg	0.082	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
Manganese, Mn	mg	0.087	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
Selenium, Se	µg	2.3	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
Vitamins													
Vitamin C, total ascorbic acid	mg	0.0	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	06/2015
Thiamin	mg	0.090	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
Riboflavin	mg	0.213	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015

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Niacin	mg	1.111	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
Pantothenic acid	mg	0.356	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
Vitamin B-6	mg	0.050	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
Folate, total	μg	19	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
Folic acid	μg	14	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
Folate, food	μg	5	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
Folate, DFE	μg	29	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
Choline, total	mg	11.9	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
Vitamin B-12	μg	0.35	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
Vitamin B-12, added	μg	0.00	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
Vitamin A, RAE	μg	117	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
Retinol	μg	116	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
Carotene, beta	μg	14	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
Carotene, alpha	μg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
Cryptoxanthin, beta	μg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
Vitamin A, IU	IU	410	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
Lycopene	μg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
Lutein + zeaxanthin	μg	2	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
Vitamin E (alpha-tocopherol)	mg	0.11	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Vitamin E, added	mg	0.00	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
Vitamin D (D2 + D3)	µg	0.1	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
Vitamin D3 (cholecalciferol)	µg	0.1	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
Vitamin D	IU	4	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
Vitamin K (phylloquinone)	µg	0.5	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
Lipids													
Fatty acids, total saturated	g	2.717	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
4:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
6:0	g	0.082	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
8:0	g	0.051	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
10:0	g	0.101	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
12:0	g	0.302	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
14:0	g	0.403	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
16:0	g	1.175	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
18:0	g	0.603	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
Fatty acids, total monounsaturated	g	1.775	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
16:1 undifferentiated	g	0.100	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
18:1 undifferentiated	g	1.665	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
20:1	g	0.010	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
22:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Fatty acids, total polyunsaturated	g	0.747	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
18:2 undifferentiated	g	0.659	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
18:3 undifferentiated	g	0.067	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
18:4	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
20:4 undifferentiated	g	0.021	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
20:5 n-3 (EPA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
22:5 n-3 (DPA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
22:6 n-3 (DHA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
Fatty acids, total trans	g	0.000	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	06/2015
Cholesterol	mg	15	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	06/2015
Amino Acids													
Tryptophan	g	0.010	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
Threonine	g	0.022	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
Isoleucine	g	0.031	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
Leucine	g	0.058	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
Lysine	g	0.016	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
Methionine	g	0.015	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Cystine	g	0.019	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
Phenylalanine	g	0.041	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
Tyrosine	g	0.023	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
Valine	g	0.035	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
Arginine	g	0.029	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
Histidine	g	0.018	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
Alanine	g	0.026	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
Aspartic acid	g	0.034	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
Glutamic acid	g	0.295	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
Glycine	g	0.029	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
Proline	g	0.099	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
Serine	g	0.041	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
Other													
Alcohol, ethyl	g	0.0	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
Caffeine	mg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
Theobromine	mg	2	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015